

**Karen Henderson Hon BA, CPCA  
Founder/CEO  
Long Term Care Planning Network**

Karen's father died of the flu 20 years ago in a long-term care home. As the result of this life changing dementia care experience, Karen founded the Long-Term Care Planning Network, Canada's leading resource centre for ageing and long-term care planning and education. Her seminar series, web site and print/electronic tools are recognized as key long term care educational resources for Canadian families and their professional advisors.

For over 25 years Karen has been a well-known speaker, educator, publisher and consultant in the fields of ageing and long-term care planning. Over the years she has sat on many not-for-profit/government committees concerned with ageing, Alzheimer's disease, elder abuse and end of life. She has created courses on ageing/long term care planning for major financial services organizations and contributed chapters to other professional courses on all aspects of caregiving, and long-term care.

Since the inception of the pandemic, Karen has worked even more closely with advisors and their clients to help them understand that yes, planning for long term care is possible; you have the tools she has created and the training she can provide.