

Janice Milne BSc

With over 25 years of healthcare leadership spanning Canada, the United States, and Mexico, Janice brings exceptional vision and expertise to her role leading RCM Health's Executive Health Program.

Driven by a profound commitment to improving the health and well-being of Canadians, Janice specializes in program design, elevated client experiences, and leading high-performing multidisciplinary teams across both public and private healthcare sectors.

Her recent work has focused on empowering women in the "sandwich generation" — those balancing care for both children and aging parents — with strategies to prioritize and optimize their personal health and wellbeing.

Janice holds a Bachelor of Science in Health Studies and a Master of Health Science in Health Administration, providing a strong academic foundation for her innovative approach to healthcare leadership.