

**Kevin Brady**  
**Director, Advica Health**  
**Director, Corporate Health, NFP Canada**

Kevin Brady is an enviable leader in the health and benefits field which he has been in for 35 years. His vast experience includes holding a senior executive position within one of Canada's largest insurance companies as well as starting his own employee benefits company which merged with NFP in 2013. In addition, he saw a need to help companies and employees with health solutions and therefore founded Advica Health. Advica Health assists companies and individuals by helping them navigate the very best health solutions locally and in the world.

Kevin shares his expertise in the area of health and wellness through volunteering and giving back to his community. He has served on many boards in the health and wellness field including Board Chair for both the YMCA and his local hospital, where he chaired a Capital Campaign to raise \$120 million for the hospital. He is also a sought after speaker on the topic of how companies can improve their profits through employee health and wellness.

He has been recognized as Citizen of the Year in 2007 and Philanthropist of the Year in 2010 for his philanthropic work in his city. He has also received the esteemed Queen's Jubilee Medal that is awarded by the Queen of England in recognition for being an outstanding community member. Kevin leads a very active life and has qualified for the Triathlon World Championships representing Canada for the last five years. He is a recognized speaker to companies on how they can improve profits thorough employee health and wellness.

He is married to wife, Barbara, who lives by the same principles as Kevin. They have three adult children, Tim, Matt and Lauren who are all successful in their careers, active and healthy. You can follow Kevin's journey to better health and wellness on his blog at [kevinbradyhealth.ca](http://kevinbradyhealth.ca).